

THE GUNFIGHTER

VOLUME 18, ISSUE 8



366TH FIGHTER WING, MOUNTAIN HOME AIR FORCE BASE, IDAHO

Inner peace is as easy as 1-2-3 Magic

STORY AND PHOTO
BY SENIOR AIRMAN
SERGIO AGUIRRE
GUNFIGHTER
PUBLIC AFFAIRS

Parenting is often a taboo subject with many mixed opinions about the correct way to be a parent. While that may never change, one particular method has been gaining acceptance since its introduction in 1982. The 1-2-3 Magic parenting method is void of physical punishment but its results are almost instant. “Many of my students notice almost an immediate change in their child’s behavior,” said Susan Rueger, Family Support Center advisor and 1-2-3 Magic instructor. “The program is so simple to execute.” The program is streamlined and simple but its effectiveness has been proven through

years of classes and testimonials regarding its success. “I noticed a closer bond with my son after implementing the program,” said Ms. Rueger. “It allows me to have more energy to spend having fun with my son rather than just trying to discipline him.” The simple nature of the 1-2-3 Magic program makes it easy for children to understand and comprehend the parents who implement it. “My daughter is already using the technique with her fifteen month old little girl,” Ms. Rueger said. “Her daughter fully understands the word, ‘no,’ so she is able to understand the counting system.” The technique is suggested for ages 2 through 12 because in order for it to be effective the child needs to be able to understand the concept of the counts.

“After age 12 there are various other techniques that should be implemented with one, two, three Magic,” said Ms. Rueger. “Young children need to be able to understand their behavior but usually once they become mobile they are ready for the program.” As young children become mobile and are able to get into things they shouldn’t, parents are taught to use the system to help their children start behaviors which are positive. Punishment for children is used much later than other techniques as the Magic program focuses on “start” behavior parenting techniques. “By stopping the bad behavior, the parent is able to train their children that the behavior they are engaged in is unacceptable. By starting them on a behavior which is acceptable the parent of a young child

can not only entertain them but also train them in to acceptable behaviors. “Young children will become mobile and get into things that may hurt them. Spanking isn’t very useful because it creates a conflict between the child and the parent,” she said. “Instead, parents should stop them from the bad behavior and get them involved in something positive like a toy or play time.” The count system works through body language. Parents are reminded to show no emotion and maintain a stern posture while counting. This delivery method reinforces determination and serves as a notice that the child is not acting acceptably. “My mother said raise your children like puppies,” said Ms. Rueger. “You have to think of yourself as a wild animal trainer

rather than like you’re talking to a miniature adult. Young children are not rationale and can be very selfish; this makes them much more like lions than little adults.” Ms. Rueger reminds her classes that just as animal trainers routinely train their beasts to behave correctly, parents must instill this behavior into their children. “Its really about routine and sticking to your guns,” she said. “If you flake or bend then the child knows he or she can use that technique to get their way.” Children use several methods to manipulate their parents. Through intimidation, physical acts, crying among others, children manipulate their parents into a behavior of giving in. As children learn this they test even more techniques which can prove useful to getting their way.



SUSAN RUEGER, FAMILY SUPPORT CENTER ADVISOR AND 1-2-3 MAGIC INSTRUCTOR, TEACHES WAYS TO PARENT CHILDREN.

“Children will test you in two ways mainly. If they are switching methods it is because you are doing your job,” said Ms. Rueger. “Stick to your guns and don’t let them run all over you.” The class itself is usually two hours long and is attended by about eight to 10 people at a time. This keeps the environment intimate enough for more one on one instructor-student interaction and question answering. “I like the size of the classes because more often than not it allows for students to ask the questions they need answers to know,” said Ms. Rueger. “Answering questions and teaching my students how to effectively use this technique is the real goal I am shooting for.” For those interested in learning more about the 1-2-3 Magic program or many other life related classes, call the family support center at 828-2458.

GUNFIGHTER RECEIVES CONGRESSIONAL AWARD



STAFF SGT. MANDINGO ALFRED, MIDDLE, AND HIS WEAPONS LOAD CREW FROM THE 390TH AIRCRAFT MAINTENANCE UNIT ATTACH AN AIM-9 SIDEWINDER MISSILE TO AN F-15C EAGLE FEB. 16. SERGEANT ALFRED WAS RECENTLY NOMINATED TO RECEIVE THE GOLD CONGRESSIONAL AWARD MEDAL FOR HIS VOLUNTEER EFFORTS AND PERSONAL DEVELOPMENT WHILE STATIONED IN GERMANY AND IRAQ. THE MEDAL IS THE SECOND HIGHEST AWARD GRANTED BY CONGRESS OTHER THAN THE MEDAL OF HONOR.

By 2ND LT. ERIN TINDELL
GUNFIGHTER PUBLIC AFFAIRS

When Staff Sgt. Mandingo Alfred was a junior in high school his uncle talked some sense into him. While most 16-year-olds aren’t thinking much about life after graduation, Sergeant Alfred decided he’d join the Army and become a lean, green Soldier. But the Eunice, La., native had a long chat with his uncle who told him about the quality of life with the Army’s cousin – the Air Force. After a visit 227 miles east to Keesler Air Force Base, Miss., he liked what he saw and the Airmen that he met. A year later, and five days after his high school graduation, he arrived at Lackland Air Force Base, Texas, as a basic trainee. Six years later, the 390th Aircraft Maintenance Unit weapons loader is a Gold Congressional Medal winner, something that may not have happened if his uncle hadn’t “talk some sense into him.” Sergeant Alfred is slated to receive the highest honor bestowed upon America’s youth for their public service and character development. The Congressional Award is the only other award granted by Congress other than the Medal of Honor. He joins more than 6,500 Congressional Award winners who

represent more than 1.5 million volunteer hours for community service across the nation. The award is given to individuals who set and achieve goals in four program areas: volunteering, fitness, personal development and exploration. During Sergeant Alfred’s first duty station at Spangdahlem Air Base, Germany, he found out about this unique opportunity that’s available to everyone between 14 and 23 years old. “When I was stationed in Germany, a recreational director on base told me and another Airman about the opportunity to receive the congressional medal,” the 23-year-old said. “I figured it would be a great way to learn about myself and help others.” While at Spangdahlem, Sergeant Alfred co-founded a group on base called Just Airmen! and helped create a place where Airmen could hang out on the weekends. “We set up a recreation hall for Airmen to have computer game parties and pool tournaments,” he said. “It was a place for them to go on Friday and Saturday nights so they could have something free to do.” According to Naomi Lunsford, Sergeant Alfred’s advisor for the award, his volunteer efforts extended far beyond setting up recreational activities for JAM!.



SERGEANT ALFRED PREPARES TO REMOVE A MISSILE FROM A JAMMER. TO RECEIVE THE CONGRESSIONAL AWARD, SERGEANT ALFRED LOGGED 650 VOLUNTEER HOURS AMONG OTHER ACCOMPLISHMENTS OUTSIDE HIS DUTY AS A WEAPONS LOADER.

Road construction set to begin in March

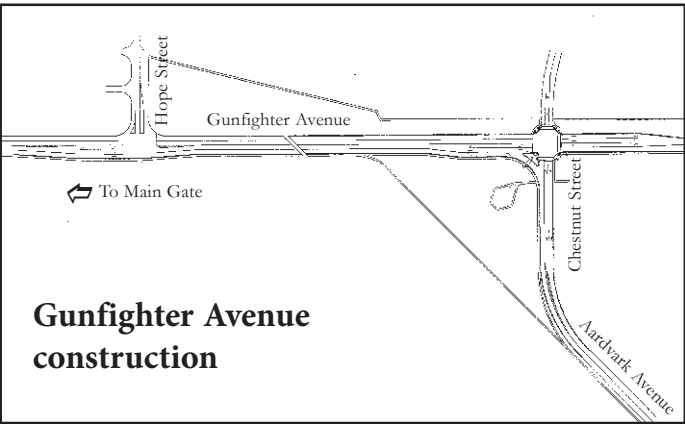
COURTESY 366TH CES

It’s that time of year – the days are getting longer, the temperatures are beginning to warm up, and yes, the asphalt plants are opening. For Gunfighters, that means construction season is just around the corner. Two major road projects will begin this spring. Both are designed to make your morning commute a safer one. However, as with all construction a little dirt must be moved to get there. Construction to realign the intersection at Gunfighter Avenue and Aardvark Avenue will begin Wednesday and will improve traffic flow by widening Gunfighter Avenue, adding a left-turn lane to access Hope Street and providing traffic signals at the Gunfighter Avenue and Chestnut Street intersection. The 366th Civil Engineer Squadron and the contractors have developed a traffic plan to minimize delays during the planned five-week construction period. Please be aware of potential delays and plan ahead. The following information will help in adjusting driving plans:

- The speed limit will be reduced to 20 MPH in the project area.
- At least one lane will remain open to both inbound and outbound traffic at all times.
- Two lanes will be available from 6:30 to 8:15 a.m. and 3:30 to 5:15 p.m. for inbound and outbound traffic respectively (i.e. three lanes open during peak traffic times).
- Traffic will be required to travel on gravel roads for approximately five weeks.

Over the summer, construction of the new Grandview Gate will be ongoing. This project will provide a second entry point

- Please see **ROAD**, Page 3



SVS commander says feedback critical to making things better

In last week’s paper, Chief Master Sgt. Rick Ives, wrote about how important it is to provide feedback to subordinates, our future leaders. With that in mind and as we celebrate Black History Month, recognizing great leaders such as Martin Luther King Jr. and the Tuskegee Airmen, I would like to take this

opportunity to write about how we, the 366th Services Squadron, want to “make it better” for you and your family.

• Page 2 •

SAPR program helps sexual assault victims regain their lives

Fear, helplessness, confusion, uncertainty. These are just a few of the many feelings that overwhelm victims of sexual assault as they trail down the

road to recovery, but they don’t have to make the trek alone.



After receiving 40 hours of instruction, eight victim advocates for the Sexual Assault Prevention and Response Program here graduated Feb. 15 and are standing by ready to help victims focus more on healing

and less on the process.

• Page 3 •

Idaho Youth of the Year named

The Boys and Girls Club of America recently selected Corey Crownhart, son of Tech. Sgt. Christopher Crownhart, 366th Medical Operations Squadron, as their choice for Idaho’s Youth of the Year. Corey has been in the local area for more than three years and has

dedicated himself to serving his family and community through various volunteer projects. “I was very surprised to win state,” said 17-year-old Corey about the award. “It was a shock to me, and I was honored to be chosen. I was not expecting it at all.”

• Page 3 •

Chief Murray talks about quality of life issues

Chief Master Sgt. of the Air Force

Gerald R. Murray testified on Capitol Hill Feb. 15 about Air Force quality of life issues before the House Appropriations Committee subcommittee ...

• Page 4 •



Helping Services make it better

By MAJ. ANTHONY LANUZO
366TH SERVICES SQUADRON

In last week’s paper, Chief Master Sgt. Rick Ives, wrote about how important it is to provide feedback to subordinates, our future leaders. With that in mind and as we celebrate Black History Month, recognizing great leaders such as Martin Luther King Jr. and the Tuskegee Airmen, I would like to take this opportunity to write about how we, the 366th Services Squadron, want to “make it better” for you and your family. Unfortunately this article will not make an impact like those we honor this month, because they made it better for all, but hopefully it will make a difference for Gunfighters and their families as well as those who visit our base.

A key ingredient to the 366th SVS being successful is getting feedback. We want your feedback, not only to improve your Services experience, but also to meet or exceed the expectations of future customers. There are many forums to provide positive and/or negative feedback, such as comment cards, attending advisory boards, on-the-spot interaction with staff or contacting squadron leadership. We know customers vote with their feet and wallet by visiting our facilities; therefore, we hope you allow us the opportunity

to take care of your quality of life needs and provide us the appropriate feedback to keep you as a valued customer.

One of the many “customer service” oriented philosophies I stress to the team is one I learned from a retired chief as a young officer. His motto was, “Yes, now what’s the question?” Our goal to keep you as a customer or earn your business is to never say no unless it’s illegal or violates regulations. Even in those instances, we will let you know what we can do to meet your request. The bottom line is we need your feedback.

The preferred method for your feedback is on-the-spot interaction with the staff or manager on duty. It’s much easier to right a wrong or resolve an issue at the occurrence. The staff is empowered to make this happen. If you still feel we have not met your expectations, or if you prefer from the beginning, you can always elevate your concern by calling or e-mailing the activity manager, flight chief, 366th SVS deputy chief or me.

Another avenue to gather your feedback is through comment cards located in each facility or by using the Interactive Customer Evaluation program located on the 366th SVS Web page at www.mhafbfun.com. With both processes, all appropriate squad-

ron leadership, to include myself, will review the comment and take the appropriate action. If you utilize either of these venues to voice your concern, we prefer you provide contact information (name, phone number or e-mail address) so we can ensure you get an answer and we resolve the issue to your satisfaction.

Although we encourage customers to provide feedback on any Services’ issue through the means mentioned above, we do have regularly scheduled forums where we solicit input on how to improve specific programs.

To make the Gunfighters Club better, we facilitate a Club Advisory Council every other month at noon on the second Wednesday of the month – the next meeting is March 8 at the Gunfighters Club. Everyone is welcome to attend and we do request a representative from each squadron.

For those Wagon Wheel Dining Facility and Trail Winds Café patrons, we hold quarterly Food Service Advisory Boards at the Wagon Wheel – the next one is scheduled at 1:30 p.m. March 16. Each squadron should have a representative who provides feedback from users within their unit so their concerns can be addressed at the meeting. Attendees of the last couple boards have made recommendations which were implemented on the spot;

such as, being able to get carry-out meals anytime in their physical training uniform, not only in the morning, just like they can in any other duty uniform.

Speaking of PT, we have a Sports Advisory Council to solicit feedback on making our awesome renovated fitness center and all our programs and intramural sports the best in the Air Force. The meetings convene in the Health and Wellness Center’s conference room at 1 p.m. on the second Friday of January, April, July and October.

Other specific regularly scheduled forums I’d like to mention deal with the children. We have a Parent Advisory Board, which help enhance programs and childcare at the child development center. There are three different meetings at the youth center; Youth Sports Advisory, Parent Advisory Board and Youth Advisory Committee. All these feedback forums meet quarterly, but the dates and times depend on the chairperson so call the facility for information on the next meeting. We utilize these forums to ensure we are addressing the needs of your precious assets, your children.

We recently held town hall meetings to gather inputs to improve the golf course and trap and skeet range. For the golf course, we had 18 suggestions

and are working to implement all 18 to the satisfaction of the customer. Minutes from the trap and skeet meeting are still being coordinated, but we expect similar results. The best outcome of these town hall meetings is an e-mail list for all attendees so each activity manager can keep their valued customers up-to-date on programming, specials and issues. This type of communication will pay huge dividends for the facility and customer. Call either activity if you wish to be added to their e-mail list.

One of my passions in life is taking care of customers, internal and external. That’s why I love to go to work and you’ll normally see me out and about at events talking to customers or even pouring ice tea or taking away dirty dishes. It gives me the opportunity to interact and solicit your feedback so we, Services, can make sure you enjoy your time in our facilities and we can make it even better for your next visit.

I or any of the more than 350 366th SVS Gunfighters will not be recognized like those we honor this month for making it better, but we are happy Airmen as long as we get your feedback so we can “make it better” for all Gunfighters and their families. Let us help you enjoy your tour in Idaho, your feedback provides us that opportunity.

COMMANDER'S HOTLINE



COL. CHARLES SHUGG

This Hotline is your direct line to me.

It’s your opportunity to make Mountain Home Air Force Base a better place to live and work. I review every response to Hotline questions, but functional experts prepare most responses.

If possible, you should first contact the organization responsible for the problem or function. Your first sergeants, commanders and agency chiefs want to help, so please let them try.

If you do not know how to proceed or if you have already tried your chain of command, then do not hesitate to contact the Hotline at 828- 6262 or e-mail Commanders-Hotline@mountainhome.af.mil.

Not all Hotlines are published, but if you leave your name and phone number or e-mail address, I will make sure you get a reply.

COL. CHARLES SHUGG
366TH FIGHTER WING
COMMANDER

2005 AWARDS

<i>As of this week</i>	
Air Force	13
ACC	45
12th Air Force	7

LAST DUI

366th Aircraft Maintenance Squadron

Days without a DUI:

16

AADD has made 55 saves in January, 1,468 in 2005

(Courtesy AADD)

THE GUNFIGHTER



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Deadlines: All articles intended for publication in “The Gunfighter” must be submitted to the 366th Fighter Wing, Public Affairs Office, 366 Gunfighter Ave., Bldg. 512, Suite 314, Mountain Home AFB, Idaho 83648, by noon Friday. All submissions will be considered for publication based on news value and timeliness. Every article and photograph will be edited for accuracy, clarity, brevity and appropriateness. All articles will be edited to conform with the AP Stylebook and Libel Manual as stipulated in Air Force Instruction 35-101.

Coverage: Coverage of upcoming events should be arranged in advance by calling the public affairs office at 828-6800 or by sending an electronic message to pa.news@mountainhome.af.mil.

Classified Ads: Free classified advertisements of a noncommercial nature are published in “The Gunfighter” on a space-available basis. Free advertising is limited to Air Force people (active and retired), Department of Defense civilian employees and their family members. Ad forms are available in Bldg. 512. Deadline for free classified advertisements is 5 p.m. Monday.

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Remembering General James, others

By JERRY STRINGER
AIR FORCE NEWS AGENCY

There was a hush over the audience. The Air Force men and women had assembled to hear a general officer speak – one with Korean War and Vietnam War combat missions. A granite figure of a man with what appeared to be a galaxy of stars on his shoulders walked to the front of the assembled group.

He was Daniel “Chappie” James. Anybody who served in the Air Force in the 1960s knew about General James from the air war in Vietnam. He had an aura about him that set him apart from others. And when he spoke, you could hear half a pin drop. For a young captain, it was an opportune time to be assigned to the Pentagon.

The general talked of patriotism and Americanism. You could feel the emotional vibes building inside. And when he finished, we gave him a standing ovation. We walked out standing taller and even more ready to defend our country.

General James certainly left a legacy as a

true American and an Air Force leader. It’s appropriate to remember him during African-American History Month.

Other African-Americans have made their contributions to the defense of our country in all branches of the armed forces. And they join still others who have made their contributions to our society in scientific fields, in the diplomatic corps, in human rights advances – the list goes on.

In fact, you can put African-American history into two words – American history.

Now, how good is your knowledge of African-American heritage? Try your hand at answering these questions.

1. Among the first American military members decorated for bravery in World War II was which African-American mess steward?
2. In World War II, which infantry regiment first broke through the German lines to reach the Rhine?
3. On the U.S. western frontier during the late 1800s, what were the African-American cavalry members called?
4. What order integrated the armed

forces and when?

5. Who was the Air Force’s first African-American general?
6. Who was “Blackman” of the legendary Vietnam flying team, “Blackman and Robin?”
7. Which African-American officer won two gold medals in the 1984 Olympics?
8. Who is the only African-American to serve as chief master sergeant of the Air Force?
9. Who was the first African-American astronaut to fly in space?
10. Who was the first African-American selected to join the U.S. Air Force Aerial Demonstration Squadron?

Answers:

1. Dorie Miller. With no formal gunnery training, he managed to down four enemy planes attacking Pearl Harbor on Dec. 7, 1941, and was awarded the Navy Cross.
2. The all-African-American 369th.
3. They were nicknamed “buffalo soldiers,” with many awarded Medals of Honor.
4. Executive Order 9981, July 26, 1948,

signed by President Harry S. Truman.

5. Benjamin O. Davis Jr. His father, Benjamin O. Davis Sr., was the first African-American regular general officer in the Army.
6. “Blackman” was Gen. Daniel “Chappie” James, then a colonel, and “Robin” was then-Col. Robin Olds of the 8th Tactical Fighter Wing at Ubon Royal Thai Air Force Base, Thailand.
7. Second Lt. Alonzo Babers, an Air Force Academy graduate.
8. Thomas N. Barnes served in the position from 1973 to 1977.
9. Guion “Guy” S. Bluford, Jr., who was a part of the STS-8 space shuttle Challenger mission launched on Aug. 30, 1983.
10. Gen. Lloyd W. “Fig” Newton, who later in his career served as commander of the Air Education and Training Command.

Rating scale: 10 correct, Ph.D. granted; 8-9, master's degree; 6-7, bachelor's degree; 4-5, high school diploma; 1-3, no degree – hit the history manuals again; 0, sleep at night using a history manual as a pillow and hope for osmosis.

NCO ACADEMY GRADUATES



PHOTO BY TECH. SGT. RUSSELL PEMBER

THE FOLLOWING GUNFIGHTERS GRADUATED FROM THE NONCOMMISSIONED OFFICER ACADEMY AT GOODFELLOW AIR FORCE BASE, TEXAS, FEB. 16 IN CLASS 06-2.
FRONT ROW (LEFT TO RIGHT): TECH. SGTS. BRIAN HALDEMAN, 366TH SFS; MICHAEL MOORE, 366TH CS; JEANNIE STAMFORD, 366TH MDSS; ESTELLE VASILE, 366TH MDOS; AND STEVEN LAU, 366TH MDG.
SECOND ROW (LEFT TO RIGHT): TECH. SGTS. WILLIAM LAND, 366TH EMS; KOLIN KLEFFORTH, 366TH FW/CVN; JEFFERY WENDALL, 372ND TRS DET. 7; RICHARD SATTERTHWAITE, 366TH OSS; AND FRANKLIN MILFORD, 366TH MOS.
THIRD ROW (LEFT TO RIGHT): TECH. SGTS. JAMES WATT, 366TH SVS; MATTHEW EMERSON, 366TH EMS; DAVID WYMAN, 366TH EMS; ROBERT MARANTO, 366TH CES; ROBERT MOUNTS, 366TH EMS; AND MITCHEL CASOLARI, 366TH CMS.
BACK ROW (LEFT TO RIGHT): TECH. SGTS. TODD SCHOLL, 366TH AMXS; AND BOBBY GALE, 366TH CES.

Victim advocates help victims regain control

By STAFF SGT.
CHAWNTAIN SLOAN
GUNFIGHTER PUBLIC AFFAIRS

Fear, helplessness, confusion, uncertainty.

These are just a few of the many feelings that overwhelm victims of sexual assault as they trail down the road to recovery, but they don't have to make the trek alone.

After receiving 40 hours of instruction, eight victim advocates for the Sexual Assault Prevention and Response Program here graduated Feb. 15 and are standing by ready to help victims focus more on healing and less on the process.

During the course of training, the advocates were instructed in detail about what that process entails, from understanding how trauma affects the brain and the complexities introduced by different types of assault to the many resources available to the victim and the medical procedures and legal proceedings that take place.

"Victim advocates really are professional helpers," said Cyndi Drake, Sexual Assault Response Coordinator for the SAPR program. "They are essentially the people that help victims regain control of their lives, and in order to do that, they have to



PHOTO BY SENIOR AIRMAN SERGIO AGUIRRE

THE SEXUAL ASSAULT PREVENTION AND RESPONSE PROGRAM, WHICH IS MANAGED BY THE SEXUAL ASSAULT RESPONSE COORDINATOR, CURRENTLY HAS 16 VICTIM ADVOCATES ON STAFF WHO ARE AVAILABLE TO SUPPORT VICTIMS OF SEXUAL ASSAULT AS THEY STRUGGLE TO OVERCOME THEIR TRAUMA.

have an understanding of all the dynamics involved in a sexual assault trauma."

Despite the intense amount of preparation, there are some things that can't be taught in the classroom, and the advocates will only learn them through experience.

"It's very unique for each person, and that is one thing that I emphasize to the victim advocates," said Ms. Drake. "You will never have two individuals who go through a recovery process the same way."

Despite the uncertainty that lies ahead, the advocates are eager to face any challenges they may encounter.

"I feel that I am ready because of all the training, but I know it is going to be hard at first because it is a new experience," said Staff Sgt. Jessica Urekew, who is assigned to the 366th Equipment Maintenance Squadron and recently completed victim advocate training.

"We have been trained all these hours, and we have never done it in person, but like they say,

'You can't teach someone how to fish without taking them fishing.'"

The base established the SAPR Program in June 2005 after a DoD review identified the need for a policy dedicated to preventing sexual assault, enhancing victim support and increasing reporting and accountability.

"Our first priority is active duty, reserve or guard members, but we are also here for dependents, DoD civilian employees and civilians who are not associated with the base but allege they were assaulted by a military

member," Ms. Drake said.

Since the SAPR Program started, 16 Gunfighters have selflessly volunteered and been trained to assist victims in the Idaho area.

"We have a lot of enlisted, and I really admire their willingness to put forth so much time and effort, knowing the great responsibility they are going to have. I definitely emphasize that throughout the training, and I haven't had one person change their mind," said Ms. Drake.

While the outpour of support has been great, Ms. Drake said she would like to have more officers on board because she tries to pair victims off with a person they can best identify with.

For more information about the SAPR Program or to volunteer to be a victim advocate, call Ms. Drake at 828-7272.

"I really can't wait to see what a difference I can make in someone's life," said Sergeant Urekew. "It is a lot of training, but it is worth it. I know there are a lot of jobs that can't let people out half the day for training that isn't mandatory, but if you can, I encourage it."

Construction begins ROAD

- Continued from Page 1

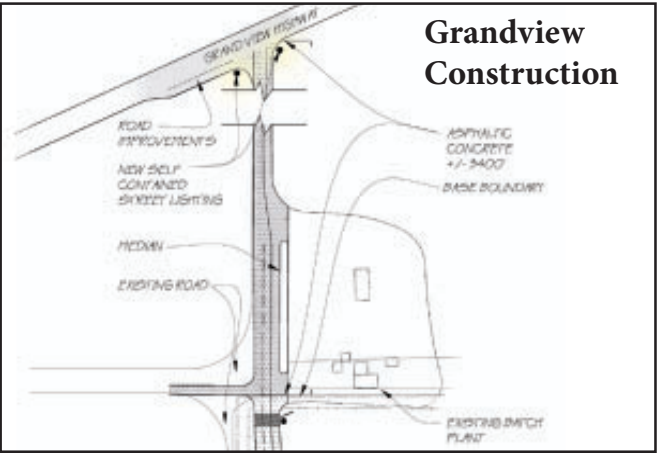
to the base and should help alleviate the long lines entering the base. The project begins in March and should be completed in August.

The 366th CES is working with the Idaho State Transportation Department and will provide turn lanes off of Grandview Highway approximately two miles from the Grandview intersection. During construction of the turn lanes, expect delays on Grandview Highway.

According to Lt. Col. Ben Wham, 366th CES commander, there is never an easy time to perform construction in an area that affects so many people, but the Gunfighter CES team is committed to making this project run smoothly.

"We understand the inconvenience road construction can cause, and we ask that all Gunfighters be flexible, patient and safe while we make the installation better," the colonel said.

For more information, call Ken Donnelly at 828-3941.



2nd highest Congressional honor awarded to 390th AMU Airman AWARD

- Continued from Page 1

He constantly looked for ways to remain active on base, so he could log volunteer hours toward achieving the medal.

"Sergeant Alfred contributed to many base programs such as organizing Christmas parades, chess tournaments and trips to other countries," said Ms. Lunsford. "As a JAMI representative, he assisted with the local orphanage to ensure they had a Christmas. The base chess program doubled its participants due to his marketing efforts."

In 2003, Sergeant Alfred's squadron was called to fight in Operation Iraqi Freedom. The four-month deployment served as an excellent time to log fitness hours during his workouts, something the junior NCO loves to do. Sergeant Alfred would log more than 650 hours of physical fitness in nearly 120 days, Ms. Lunsford said.

"I was at the gym everyday," said the 6-foot-1 athletically-framed sergeant. "Some days I would spend hours lifting weights or playing basketball."

For personal development and exploration, Sergeant Alfred organized trips to European cities like London, Paris and smaller German towns. The trips allowed

him to expand his respect for cultural diversity. The trips also made him realize that the military could send him to some places where people aren't accustomed to being around African Americans.

"You have to deal with a double culture shock — theirs and yours," said Sergeant Alfred about his experience in Europe. "Sometimes you may walk down the street and you feel that everyone is staring at you, but sometimes it's just you being self-conscious."

Overall, Sergeant Alfred logged 150 to 450 hours more than the minimum amount needed for the four categories over the course of four years to receive the award, said Ms. Lunsford. Since arriving to Mountain Home AFB in 2004, he has re-focused his energy for helping others to his new family. He married his high school sweetheart, LaKita, and they had a son, Mandingo Jr., who turned 1-years-old on Tuesday.

Sergeant Alfred still gives back to the community by serving on the base honor guard. But he's spending most of his free time adjusting to his new life as a husband and father, pointing out how "... getting ready to go somewhere takes an hour and a half instead of the 30 minutes it used to."

He also stays close to his mother, whom he lists as one of his heroes during this

Gunfighter dependent named Youth of Year

By SENIOR AIRMAN SERGIO AGUIRRE
GUNFIGHTER PUBLIC AFFAIRS

The Boys and Girls Club of America recently selected Corey Crownhart, son of Tech. Sgt. Christopher Crownhart, 366th Medical Operations Squadron, as their choice for Idaho's Youth of the Year.

Corey has been in the local area for more than three years and has dedicated himself to serving his family and community through various volunteer projects.

"I was very surprised to win state," said 17-year-old Corey about the award. "It was a shock to me, and I was honored to be chosen. I was not expecting it at all."

Even though Corey was surprised about the award, those who know him were not as surprised of the news.

"Corey is an active leader and he has had some personal challenges to overcome," said Bill Heatter, youth center teen programs coordinator. "I knew he had a strong package going into the decision and I wasn't surprised he was chosen. He's great and has worked really hard."

Corey was chosen based on a series of categories that included: home and family service, moral character, community involvement, school service, service to club, life goals and two essays. His work included many hours of volunteer work at various locations as well as personal development over the six years he has been a member of the Boys and Girls Club of America.

"I was involved with the local Veterans Olympics for the last three years, I also volunteered at the last two Airshows and participated in the local Air Force Appreciation Day three years in a row," Corey said. "My school service involved wrapping presents for needy children and being a camp counselor at a northern Idaho camp and volunteering at the Idaho drug free youth summit."

While his various volunteer services were heavily weighed,

his ability to overcome adversity and achieving his goals were also considered.

"My parents went through a divorce and I suffered from depression," said Corey. "I helped my siblings cope with the divorce and tried my best to keep my younger brother and sister happy while helping my parents as much as I could."

Corey says the frequent moves from PCSing and having a parent deploy from time-to-time along with trying to make new friends has been difficult the past few years, but feels it has molded him into a better person. His advisors agree and say Corey is an exceptional youth who enjoys giving back to the community and bettering himself in every way possible.

"He's trustworthy and reliable," said Mr. Heatter. "He's a team leader that is respected and has definite goals in his life I know he will definitely achieve. He's very driven."

Not only has Corey volunteered at the youth center but he has also worked on achieving his Congressional Gold medal. Through years of community service and dedication, he has put in the necessary time and effort to reach his goal. He will receive his medal in November during a ceremony taking place in Washington D.C. Corey will also compete at the Air Combat Command and Boys and Girls Club regional levels. Corey also has more than \$4,500 in scholarships awarded to him so far, through the Youth Employment Skills Program and the Boys and Girls Club, for college.

"The Boys and Girls Club of America has taught me that post secondary education is very important," said Corey. "I hope to learn as much as I can and achieve my dreams."

Corey plans to attend Boise State University as an English major with a minor in vocal music. He describes his career path with certainty.

"I want to travel and work with military children, write books and perform musically," said Corey. "I don't know what job will allow me to do that, but I'll keep my eyes open for it."



PHOTO BY STAFF SGT. CHAWNTAIN SLOAN

SERGEANT ALFRED HEATS THINGS UP ON THE FLIGHTLINE WITH A HOSE TO DIRECT WARM AIR FOR HIS WEAPONS LOAD CREW. SERGEANT ALFRED SAID HE APPLIED FOR THE DISTINGUISHED AWARD BECAUSE IT WOULD BE "A GREAT WAY TO LEARN ABOUT MYSELF AND HELP OTHERS."

Black History Month.

"My mother is a great woman who always made me answer, 'Yes, ma'am' or 'No, ma'am,'" Sergeant Alfred said. "Whenever we had school functions, she was always there. She was the parent in the class that brought the cookies and cakes, the one that other kids always wanted to see."

Like any concerned parent, Sergeant Alfred says his mother worries about his role as a fighter in the Global War on Terrorism, but

she's proud of what he's accomplished since he joined the blue.

Sergeant Alfred will receive his Gold Congressional Award medal later this year in a special ceremony. But to Sergeant Alfred, what he's seen and done since his uncle talked some sense into him means more than receiving a precious medal.

"A true reward to me is how I feel about myself," he said. "No one can ever change that."

IN THE SPOTLIGHT

Air Force Awards

Congratulations to the following Gunfighters on winning the following 2005 Air Force awards:

**AIRMAN DIANA SHOVE,
366TH MDSS
OUTSTANDING HEALTH
PLAN MANAGEMENT
AIRMAN OF THE YEAR**

**TODD (SPARKY) RANDALL,
366TH ADS
MEDICAL READINESS/
AEROMEDICAL EVACUATION
CIVILIAN OF THE YEAR**

ACC awards

Congratulations to the following Gunfighters on winning the 2005 ACC Media Awards:

**2ND LT. ERIN TINDELL,
366TH FW/PUBLIC AFFAIRS
1ST PLACE NEWS ARTICLE**

**SENIOR AIRMAN
SERGIO AGUIRRE,
366TH FW/PUBLIC AFFAIRS
1ST PLACE COMMENTARY**

**STAFF SGT. CHAWNTAIN SLOAN,
366TH FW/PUBLIC AFFAIRS
3RD PLACE PRINT
JOURNALIST OF THE YEAR**

**SENIOR AIRMAN BRIAN STIVES,
366TH FW/PUBLIC AFFAIRS
3RD PLACE SPORTS ARTICLE**

Retirement

Maj. Judith Spoerer, 366th Medical Group, will retire in a ceremony Tuesday at 3 p.m. For more information, call Senior Master Sgt. Bernard Driskell at 828-7395.

NEWSLINE

MPF closure

In support of the scheduled exercise, the following Military Personnel Flight offices will be closed Tuesday through March 3: reenlistments, extensions and CJRs; evaluations; separations and retirements; relocations; and employments. Scheduled appointments will meet as usual. For more information, call 828-2133.

AFSA meeting

Chapter 1164 of the Air Force Sergeants Association will have their general membership meeting today at 11:15 a.m. at the Gunfighters Club. They will vote for 2006 Chapter 1164 officer positions first thing and then move on to a general meeting.

Gen. Henry Arnold Education grant

In recognition of escalating college costs, the society increased the individual award amount under its Gen. Henry H. Arnold Education Grant Program to \$2,000. The program continues to be offered to children and spouses (residing state-side) of active duty and several other candidate categories. The deadline to apply is March 10.

For more information and an application, call the family support center at 828-2458.

Restricted area badges

The 366th Security Forces Squadron pass and registration office will be initiating a wing mass reissue of restricted area badges beginning March 13. The mass reissue will be conducted at Building 800 (the old OSI building) on Phantom Ave. Unit security managers will be responsible for completing all the required paperwork and scheduling their respective unit personnel to receive their new restricted area badge. For more information, call Staff Sgt. Monique Hester at 828-6098.

Chief Murray testifies on quality of life issues

By MASTER SGT.
MITCH GETTLE
AIR FORCE PRINT NEWS

WASHINGTON - Chief Master Sgt. of the Air Force Gerald R. Murray testified on Capitol Hill Feb. 15 about Air Force quality of life issues before the House Appropriations Committee subcommittee on military quality of life, veterans affairs and related agencies.

"I truly believe, and I think you'll agree, that our Airmen's quality of performance is directly related to their quality of life," Chief Murray said.

Chief Murray cited the current top three quality issues for

Airmen — pay and benefits, housing availability and costs, and education.

"Our education is critical to the 21st century capabilities of our force," he said. "We've come to expect more from our Airmen today than ever before, and even more will be expected of them in the future."

He said the value of education benefits is particularly important to Airmen with the ongoing Air Force transformation.

"Education enables members to fulfill personal goals, stimulates innovation and critical thinking and improves overall force readiness effectiveness," Chief Murray said. "Knowledge

and innovation are inherent to our Air Force heritage and service cultures. Education benefits are a win-win for all our services and it must remain strong."

Chief Murray explained how the air expeditionary force construct has been a great benefit to the Air Force transformation and quality of life.

"Our AEF organization is a model of global agility, efficiency and military effectiveness — a modern design for a modern world," he said. "Our 21st century force is 40 percent smaller than that Cold War force we went into Desert Storm with. It is, however, vastly more capable, more agile

and more lethal than before.

"The AEF provides lethality and economy of forces for in-theatre combatant commanders while providing predictability and stability at home — a huge quality of life bonus for our Airmen and their families," he said.

Chief Murray also addressed possible future quality of life concerns for Airmen and their families.

"Health care would be a higher concern, but right now it is given; as long as it is given, our Airmen are satisfied," he said. "But, because of the interest right now in health care and the rising costs to it, it is up on the scope."

Another future Air Force quality of life challenge is the environment it faces with changes made as a result of Base Realignment and Closure and Quadrennial Defense Review.

Chief Murray said the balancing between modernization of the force and force structure, which calls for the reduction of more than 40,000 total force members, is high on the minds of Airmen.

"Your Air Force has laid out a good plan to do (this) and we will continue to take great care of our people in doing so," he said.

Chief Murray testified for the last time on Capitol Hill as he will retire later this year.



PHOTO BY STAFF SGT. C. TODD LOPEZ
CHIEF MASTER SGT. OF THE AIR FORCE GERALD R. MURRAY TESTIFIES FEB. 15 BEFORE THE HOUSE APPROPRIATIONS COMMITTEE SUBCOMMITTEE IN WASHINGTON ON MILITARY QUALITY OF LIFE, VETERANS AFFAIRS AND RELATED AGENCIES.

DEPLOYED GUNFIGHTERS IN ACTION



PHOTOS BY STAFF SGT. DEBBIE MELTON
MEMBERS OF THE 434TH AIR REFUELING WING, GRISSOM AIR RESERVE BASE, IND., REFUEL MEMBERS OF THE 390TH FIGHTER SQUADRON WILD BOARS OVER ICELAND DURING A REFUELING MISSION IN SUPPORT OF AN AIR EXPEDITIONARY FORCE ROTATION RECENTLY.

Good Conduct Medal award elimination explained

By MASTER SGT. MITCH GETTLE
AIR FORCE PRINT NEWS

WASHINGTON — The Air Force Uniform Board announced Feb. 6 that the Good Conduct Medal will no longer be awarded.

The Air Force director of Airman development and sustainment recently explained the reasons behind this decision.

"The quality of our enlisted personnel today is so high, we expect good conduct from our Airmen," said Brig. Gen Robert R. Allardice. "It begged the question, 'Why do we have a Good Conduct Medal?'"

"Having a medal for good conduct is almost to say we don't expect Airmen to do well, but if they're good we will give them a medal," he said. "It's kind of insulting in our Air Force today."

One must look at the history of why the medal was created in the 1960s. The military was using the draft and involved in the Vietnam War. The Air Force didn't have any other method to recognize Airmen. Today, the Air Force Achievement Medal recognizes outstanding Airmanship.

"When we looked at that his-

tory it was clear that the Good Conduct Medal has outlived its usefulness," said Chief Master Sgt. of the Air Force Gerald R. Murray. "Today's all-volunteer force is committed to serving honorably, and good conduct is what we expect from every Airman — officer and enlisted."

"We live by our core values," Chief Murray said. "When members of our service stray from those values, they do themselves and all Airmen a disservice. When that happens, commanders have the tools they need to evaluate the situation and the individual's worthiness for continued service."

"If a commander deems their conduct does not warrant discharge, then they remain a valuable Airman to our Air Force, and we expect them to continue to serve honorably," he said.

General Allardice said that it is the uniform, not the Good Conduct Medal, which represents what Airmen are all about.

"In today's Air Force, our Airmen understand that the uniform they wear represents good conduct," he said.

Airmen who have previously earned the Good Conduct Medal are still authorized to wear it.

MAXWELL AFB MILITARY FAMILY FEATURED ON HOME AND GARDEN TV'S 'HOUSE HUNTERS'

By TECH. SGT.
SCOTT MOORMAN
AIR UNIVERSITY
PUBLIC AFFAIRS

MAXWELL AIR FORCE BASE, Ala. - One Maxwell

family got the opportunity to see what it is like to be in front of the camera, as a television producer and crew documented their search for a residence in the Montgomery area for the Home and Garden Television network's "House Hunters" series.

Senior Master Sgt. Greg Day, Air Force First Sergeant Academy instructor, his wife, Diane, and their two children, Mary Jo and Jacob, were visited by Pie Town Productions Feb. 9 at their temporary living facility

in Maxwell-Gunter billeting.

The show follows home buyers all over the world to see what real estate is like in other areas, said Susan Browning, show producer.

The Days came to Maxwell-Gunter from Monterey, Calif., in a permanent change of station move. Before the move, Sergeant Day's wife convinced him to send an application to the cable TV show.

Mrs. Day said she didn't think they stood a chance to be selected for the show. However, the Day family learned in January that they had been chosen for the reality series.

"People want to know more about our military and how they live and what is offered to them," Ms. Browning said.

The Days said they have always been big fans of the show.

"We love the show," Mrs. Day said. "We've watched it for years."

A camera crew met the

Days at 9:30 a.m. and filmed them as they met a realtor and toured three houses. They also made stops at the base library, air park and commissary and had lunch at the base exchange. The crew wrapped the one-day shoot at 4:30 p.m.

Having the camera crew follow them around was a little nerve-racking and surreal, but fun, Mrs. Day said.

Show producers plan to revisit the Days in the next few months to follow up on the purchase of their new home. Until then, the Days say they have some painting and other home improvements to do when the camera crews are back to finish filming.

"House Hunters" does not assist people cast in the show with the purchase of their home, according to Ms. Browning.

"We are here to observe and document," she said.

The "House Hunters" episode featuring the Days is scheduled to air sometime this fall.

Operational Raptors fire first missiles in evaluation program

By 2ND LT.
WILL POWELL
325TH FIGHTER WING
PUBLIC AFFAIRS

TYNDALL AIR FORCE BASE, Fla. - The 27th Fighter Squadron made history when two F-22A Raptor pilots fired air-to-air missiles Feb. 14. It was the jet's first official air-to-air weapons system evaluation since becoming operational two months ago.

Nearly 40 Airmen from the Langley Air Force Base, Va., squadron participated in the evaluation program, known as Combat Archer, at the 83rd Fighter Weapons Squadron here.

"It's not every day that you can go out and shoot a live missile," said Lt. Col. Raymond O'Mara, 83rd FWS commander. "Combat Archer is a great training opportunity for pilots to see how the whole system works and it instills confidence in them that the weapon system is going to work when they need it."

Air Force fighter pilots fire

more than 300 missiles each year over the Gulf range to evaluate the total air-to-air weapons system including aircraft, weapon delivery system, aircrew, support equipment, technical data, maintenance actions and the weapon itself.

"Our basic charter is to make sure our Airmen are effective on their first combat mission and every combat mission thereafter," said Col. Mike Winslow, 53rd Weapons Evaluation Group commander. "That's the whole reason this program exists."

The Raptor has been tested many times before, but this time was different, Colonel O'Mara said.

"The Raptor has gone through a long period of development tests and operation tests where they've established what the airplane is capable of," he said. "But this is the first time we've had operational pilots flying declared operational aircraft with fielded operational weapons and actually employing them the way we would in combat."

The evaluation deployments normally last two weeks, but the Langley Raptors were here for only one day to prepare for a full-scale deployment in the summer.

"Today was just an investigative shot," said Lt. Col. Jim Hecker, 27th FWS commander, who shot the first missile, an AIM-120 advanced medium-range air-to-air missile. "Since we carry our weapons internally, we were checking to see if the missile telemetry can be picked up outside of the aircraft."

Being able to read the missile's telemetry is important. It's the only way the 83rd FWS can evaluate how well a weapon works.

The pilots planned to shoot sub-scale drones with only four missiles — two AIM-120s and two AIM-9 Sidewinders — to discover and fix any internal carriage problems before the squadron returns this summer. Unfortunately, a fuel pump problem forced one jet to remain on the ground, and another Raptor ran out of safe airspace before being able to fire.

"We were able to read the missile's telemetry in flight and both missile shots were successful," he said. "I would have preferred to have all four fired, but this is a good start that will provide plenty of work and data for us to look at."



PHOTO BY TECH. SGT. SCOTT MOORMAN
"HOUSE HUNTERS" CAMERAMAN SPENCER COOPER FILMS THE DAY FAMILY, DIANE, SARAH JO, JACOB AND SENIOR MASTER SGT. GREG DAY, IN FRONT OF THEIR TEMPORARY LIVING FACILITY AT MAXWELL AIR FORCE BASE, ALA.

SERVICES

Auto skills center

Contract mechanic and paint and body tech — Work is done by appointment only. There are now two mechanics on staff to better serve the Gunfighters. To make an appointment, call 828-2295.

Bowling center

Family special — Bowl for \$1 a game every Sunday. For more information, call 828-6329.

Community center

Colossal Cookie Challenge — March 3 from 11 a.m. to 1 p.m. in the Community Center Ballroom. Registration deadline is March 1. The event is free.

Chess Tournament — March 11 at 10 a.m. The event is free. Register for the tournament by March 10. For more information, call Rickey Weathers at 587-8968.

Hip-hop All-nighter — March 17 beginning at 9 p.m. in the Afterburners Lounge. Door prizes include DVD’s and CD’s.

Instructors needed — The community center is looking for experienced instructors for crafts, dance, music, cooking, interior decorating, self defense, sewing, quilting, cake decorating and stamping.

Photography classes — Tuesday and Thursday from 6 to 8 p.m. The cost is \$30 for eight sessions.

Salsa classes — Mondays and Wednesdays from 6 to 7 p.m. The cost is \$25 for five sessions.

Spanish classes — Tuesdays and Thursdays from 6:30 to 8:30 p.m. The cost is \$30 for eight sessions.

Dog obedience class — Saturday from 10 to 11 a.m. The cost is \$35 for four sessions. For more information, call 828-2246.

Youth programs

School age spring break camp — Open registration will be held March 13-17 from 7 a.m. to 5 p.m. Many activities are planned including field trips, movies, swimming, bowling, and arts and crafts. Breakfast, lunch and snack are included in fees. Fees are based on an income scale.

Gymnastics instructor — Youth programs is looking for an experienced gymnastics instructor. For more information, call 828-2501.

Outdoor adventure program

Come to the Outdoor Adventure Program building (Building 2800 across from the youth center) to get a calendar to help plan all your outdoor adventures. For more information, call 828-6333.

Outdoor recreation supply

Video rentals — Video rentals are available for sportsmens needs. Weekend rentals are \$1, day rates are \$0.75 and additional days are \$0.50.

Sportsman camp trailer special — Camp trailers can be reserved on the first working day of the month and may be reserved for the following month. Prices are \$60 per weekend, \$45 over night and \$15 each additional day. For more information, call 828-2237.

Library

March book adventure — Historical Fiction. Come see what exciting adventures you can get lost in.

Wireless Internet — Bring in a laptop computer and access free wireless Internet from inside the library or from the Pony Espresso Café.

Multimedia center — Features color copier, scanner and photo printing.

Story time — Wednesdays at 1 p.m. for supervised children ages 3 to 5.

Pony Espresso Café —Hours of operation are Monday through Friday from 6:30 a.m. to 5:30 p.m. They serve a variety of coffee drinks, smoothies and pastries.

Video club — Members pay \$12 per year and can borrow up to three videos at a time for a one-week rental. For more information, call 828-2326.

Pizza Etc.

March special — Fish sandwich, fries or tots, and one 24-ounce soda for \$6.

Soup of the day — Monday — Chicken gumbo Tuesday — Chicken and dumplings Wednesday — Creamy potato with bacon Thursday — Cream of broccoli Friday — Clam chowder

Gunfighters club

Cook your own steak or chicken — March 2, 9, 16, and 30 from 5:30 to 8:30 p.m. \$3.95 for club members.

Gunfighters night buffet — March 8 and 29 from 5:30 to 7:30 p.m. Dinner is a members only benefit. \$3.66 for adults and \$1.80 for children under 12.

Gunfighters membership night — March 15 from 5:30 to 7:30 p.m. Have a free buffet and an opportunity to win \$500 in door prizes. No reservations needed for this event.

Swimming Pool

Hydrobics — Available Tuesdays, Wednesdays and Thursdays from 10 to 11 a.m. The cost is \$20 per month or \$2 per session. All ages are invited to participate.

CHAPEL

Catholic

Sunday mass — 8 a.m.

THE BIG SCREEN

Today — Grandma’s Boy — R — 7 p.m. — starring Allen Covert and Peter Dante. By day, 35-year-old Alex is the world’s oldest video game tester, but by night, he is privately developing the next big game for the X-Box generation. When one of his roommates spends all the rent money on Taiwanese hookers, Alex is kicked out of his apartment, and finds himself forced to live with his grandmother and her friends Grace and Bea. 1 hour 36 minutes.



Saturday and Sunday — The Last Holiday — PG-13 — 7 p.m. — starring Queen Latifah and L.L. Cool J. After being diagnosed with a fatal disease, a shy sales clerk goes on a European vacation to live out the rest of her life. With nothing to lose – or so she thinks – her behavior becomes more irreverent and outrageous each day, only to find out later she was misdiagnosed. 1 hour 52 minutes.

Monday — Hostel — R — 7 p.m. — starring Jay Hernandez, Derek Richardson. Two adventurous American college buddies, Paxton and Josh, backpack through Europe eager to make quintessentially hazy travel memories with new friends Oli, and Ice-lander they’ve met along the way. Paxton and Josh are eventually lured by a fellow traveler to what’s described as a nirvana for American backpackers – a particular hostel in an out-of-the-way Slovakian town stocked with Eastern European women. 1 hour 35 minutes.



Tuesday, Wednesday, Thursday — Theater closed.



VIPER VISITS



PHOTO BY SENIOR AIRMAN SERGIO AGUIRRE

VIPER AND STAFF SGT. JASON TURGEON, 366TH SECURITY FORCES SQUADRON, USE THE RADAR GUN IN FRONT OF THE SCHOOLS ON BASE WEDNESDAY AFTERNOON. VIPER WANTS TO REMIND THE GUNFIGHTERS THAT THE SPEED LIMIT IN THE SCHOOL ZONES IS 15 MPH. IF YOU WOULD LIKE VIPER TO VISIT YOUR SHOP, CALL THE PUBLIC AFFAIRS OFFICE AT 828-6800 OR SEND AN E-MAIL TO PA.NEWS@MOUNTAINHOME.AF.MIL

CCD Sunday — 9:30 to 10:45 a.m. for 3 year olds to adults; located in the Religious Education Building.

Daily mass — Wednesday at 11:30 a.m.

Protestant

Sunday school — 9:30 to 10:30 a.m. for 6 month olds to adults; located in the Religious Education Building.

Traditional service — Sunday at 11 a.m. Also provided at this time are a children’s church for 4 year olds to second grade and Wee Joy for 6 months to 5 years.

Gospel Jubilee Service — Sunday at 1:30 p.m.

Protestant extras — Protestant Women of the Chapel meets Wednesday from 9:30 to 11:30 a.m. at the Religious Education Building.

WELLNESS

Dad’s Class

A class for dads by dads. Learn to deal with joys and fears of becoming a new father. Class is today from 8:30 a.m. to 2:30 p.m. at the family support center.

ACT examination

The ACT test will be administered by the education office Monday at 7:30 a.m. for LEAD candidates and other commissioning requirements. To get approval and schedule an exam, call Gary Sarazin at the education office.

Spouse scholarship

The National Military Family Association’s Joanne Holbrook Patton Military Spouse Scholarships are awarded to spouses of uniformed service members to obtain professional certification or to attend undergraduate or graduate school. Scholarships are normally in the amount of \$1,000. To be considered, an application must be completed by April 15. For more information, go to the Web site www.nmfa.org/site/PageServer?pagename=Spouse_Scholarship.

Anger management

Unmanaged anger destroys relationships, families and individual health. Learn to understand and control responses to anger. To receive a certificate, individuals need to attend four consecutive weeks. The class is every Wednesday from 3 to 4 p.m. at family advocacy. To register, call 828-7520.

English as a second language

Learn English through the four language skills of reading, speaking, listening and writing in a friendly, informal setting. Class is every Tuesday from 1:30 to 3:30 p.m. at the family support center. To register, call 828-2458.

EDUCATION NEWS

ASE exams

The training and education center is offering Automotive Service Excellence exams May 9, 11 and 16. The deadline to register is March 17. For more information, go the Web site www.asecert.org or send an e-mail to

EdCenterTestAdministrator@mountainhome.af.mil.

University of Oklahoma

The Human Resource Administration class scheduled Monday through March 4 has been cancelled.

The next class is Introduction to Analysis and is scheduled March 26 to April 1. The last day to enroll is today. Visit the University of Oklahoma’s Web site at www.gouu.ou.edu for a complete list of programs and classes. The Master of Public Administration program is open to all.

For more information, call 828-4188 or stop by the education center.

Boise State University

Registration is now taking place for spring block II. The spring II semester begins April 3.

For more information, call the local BSU office at 828-6746, stop by the education center or visit www.boisestate.edu.

HOUSING NEWS

Pests in housing

Occupants of base housing are expected to take all measures necessary to prevent the development and spread of insects and rodents. Mousetraps, glue boards and insecticide sprays are available at the self-help store. If infestations occur which are beyond your control, call the 366th Civil Engineer Squadron customer service desk at 828-2001 for assistance. However, before calling here are some ideas for keeping pests and rodents out of the home.

Plug, screen or cover all openings into the home such as gaps under doors and openings around pipes and vents. Rodents can get through an opening as small as one-fourth of an inch.

If insects or rodents are in the home and see one of these openings, call housing maintenance at 832-4643 to set up a work order to pest proof the home.

Remove food sources and nesting places from inside the home and around the yard.

Don’t store pet food in open or uncovered feeding dishes, use containers with tight fitting lids.

Keep trash and food scraps picked up and stored in a garbage can with a properly fitting lid.

Clear the area of clutter, debris and junk piles where pests may nest.

Keeping a clean and tidy home is the key to keeping unwanted pests out.

Pet complaints

Complaints involving pets barking and running loose, plus owners who do not remove pet waste from their yards and in common areas are on the rise. In order to maintain a quiet, clean and safe environment for our base housing residents, we need the help of not only the pet owners, but those individuals who witness violations. Pet owners must follow these rules:

Pets must be confined at their residence by having them chained, fenced, penned and exercised under the immediate owner’s control (leash). Owners may exercise their animals off leash in open

areas (parks, desert, etc) if under the positive voice control of a responsible individual. Owners are responsible for removing their pet’s waste from parks and common areas.

Pets are to be adequately housed, fed and watered. Clean up of pet feces is a daily task.

Pets must be registered with the base veterinarian office.

Family households on-base are limited to two pets (cats or dogs). Approval for more than two pets must be obtained in writing through the housing office from the 366th Mission Support Group commander. Wild or exotic animals such as snakes, ferrets, etc., are not allowed in base housing.

Stray animals should be reported to the 366th Security Forces Squadron at 828-2256.

The charge for retrieving a pet from the 366th SFS is \$25 for the first day and \$25 per day for each additional day not to exceed \$100.

During normal duty hours call the housing office at 828-2781 for pet nuisance complaints and they will take appropriate action to remedy or eliminate the problem. After duty hours call the 366th SFS at 828-2256 to report all animal related incidents and complaints.

For more information, refer to MHAFB instruction 31-202, Control of Animals.

OUTSIDE THE GATES

Winter Games of Idaho

The winter sports festival was created for state and regional amateur athletes of all ages. Competitions include alpine and Nordic races, snowboarding, ice hockey and figure skating. Venue cities include Boise, McCall, Idaho Falls, Sun Valley, Kellogg and Salmon. The games continue through Sunday.

For more information, go to the Web site www.wintergamesofidaho.com/.

Accepting applications

The Mrs. Idaho America Pageant is now accepting applications for the 2006 state pageant. The pageant will be held April 28 and 29 at the Nampa Civic Center. The Mrs. Idaho America Pageant is the only pageant for married woman in the state of Idaho. The Mrs. Idaho America competition is an exciting and rewarding program that recognizes Idaho’s married women and is the official state preliminary to the Mrs. America Pageant. Mrs. Idaho will join 50 other state winners for the nationally televised Mrs. America Pageant in September.

For more information, visit the Web site at www.mrsidahoamerica.com or call 208-250-2775.

Trace Adkins concert

Trace Adkins is playing at the Idaho Center on March 21. Special guest is Craig Morgan. Doors open for the country concert at 6:30 p.m., the show starts at 7:30 p.m. Tickets are \$25 and \$35 and can be purchased through TicketWeb and Idaho Center Tickets outlets or by phone at 208-442-3232 or 466-8499.